

CHILDREN'S USE OF VIDEO GAMES AND DIGITAL MEDIA

Your name: _____

How old are you: _____ What grade are you in: _____

This survey is designed to ask you some questions about how you spend your time. Many of the questions are about your video game use and your favorite kinds of games. Do your best to answer each question. If you really enjoy video games, feel free to let us know if there is more you would like to talk about that these questions did not discuss.

Questions about your use of gaming and technology.

1. **How many minutes per day do you spend doing each of the following activities on school days (including time while you are in school):**

	<u>None</u>	<u><30 mins.</u>	<u>30-60 mins</u>	<u>60-120 mins</u>	<u>> 120 mins</u>
Playing board games	☐	☐	☐	☐	☐
Doing individual sports or team sports	☐	☐	☐	☐	☐
Watching movies or television	☐	☐	☐	☐	☐
Reading for fun	☐	☐	☐	☐	☐
Playing video games	☐	☐	☐	☐	☐
Talking or texting on a cell phone	☐	☐	☐	☐	☐
Going on the Internet	☐	☐	☐	☐	☐
Doing any type of homework	☐	☐	☐	☐	☐
Listening to music	☐	☐	☐	☐	☐

2. **How many minutes per day do you spend doing each of the following activities on a weekend or during school vacation?**

	<u>None</u>	<u><30 mins.</u>	<u>30-60 mins.</u>	<u>60-120 mins.</u>	<u><120 mins.</u>
Playing board games	☐	☐	☐	☐	☐
Doing individual sports or team sports	☐	☐	☐	☐	☐
Watching movies or television	☐	☐	☐	☐	☐
Reading for fun	☐	☐	☐	☐	☐
Playing video games	☐	☐	☐	☐	☐
Talking or texting on a cell phone	☐	☐	☐	☐	☐
Going on the Internet	☐	☐	☐	☐	☐
Doing any type of homework	☐	☐	☐	☐	☐
Listening to music	☐	☐	☐	☐	☐

3. What types of videogames do you play? (Please check all that apply.)

- ☐ Shooters (such as Halo 4, Black Ops II, Mass Effect 3) Simulation (such as The Sims, Farmville, Animal Crossing)
- ☐ Puzzle (such as Tetris, Portal 2, Bad Piggies)
- ☐ Action (such as Little Big Planet, Batman: Arkham Asylum, New Super Mario Bros.)
- ☐ Adventure (such as The Legend of Zelda, Journey, Machinarium)
- ☐ Educational (such as Big Brain Academy, My Word Coach, Brain Age) Fighting (such as Smash Brothers, Marvel vs. Capcom, Naruto)
- ☐ Music (such as Rock Band, Guitar Hero, Tap Tap Revenge)
- ☐ Racing (such as Mario Kart, Gran Turismo, ModNation Racers)
- ☐ Sports (such as Madden, NBA 2K12, FIFA)
- ☐ Strategy (such as Fire Emblem, Starcraft II, Kingdom Rush)
- ☐ Active Game (such as Wii Fit, Just Dance 4, Kinect Adventures)
- ☐ RPGs (such as Pokemon, Final Fantasy, Fable)
- ☐ Massively Multiplayer Online Role-Playing Games (such as World of Warcraft, Star Wars: The Old Republic, Free Realms)

4. Answer the following as true or false.

	<u>True</u>	<u>False</u>
I feel upset if I am not allowed to play video games.	☐	☐
I sometimes daydream about video games in school.	☐	☐
I don't get enough sleep or go to bed late because I'm playing videogames.	☐	☐
I feel better about myself after playing video games.	☐	☐
I feel relaxed when playing video games.	☐	☐
I get angry when my parents tell me to stop playing video games.	☐	☐
I sometimes do not finish my homework because of video games.	☐	☐

5. I play video games because they. Strongly Disagree Disagree Agree Strongly Agree

Are fun and exciting	☐	☐	☐	☐
Helps me make friends	☐	☐	☐	☐
Help me learn things	☐	☐	☐	☐
Are easy to beat	☐	☐	☐	☐
Have guns and other weapons	☐	☐	☐	☐
Keep me from being bored	☐	☐	☐	☐
Help get my anger out	☐	☐	☐	☐
Let me do things I cannot do in real life	☐	☐	☐	☐
Are challenging	☐	☐	☐	☐
Have me compete against other players	☐	☐	☐	☐
Are relaxing	☐	☐	☐	☐
Have me work together with other players	☐	☐	☐	☐

6. When playing my favorite video games: Strongly Disagree Disagree Agree Strongly Agree

I lose track of time.	☐	☐	☐	☐
I feel happy.	☐	☐	☐	☐
I stay focused.	☐	☐	☐	☐
I get angry.	☐	☐	☐	☐
I forget my problems.	☐	☐	☐	☐

7. Answer true or false to the following statements about your family. True False

My parents like video games.	☐	☐
My parents sometimes play video games with me.	☐	☐
My parents let me play video games as much as I want.	☐	☐
My parents never let me play video games.	☐	☐
My parents like only educational video games.	☐	☐
I enjoy playing video games with some of my family.	☐	☐

Tell us anything else about your interests and thoughts about video games and apps.
